



Ortwin Bitzer

präsentiert:



# Silberpyramide 2002





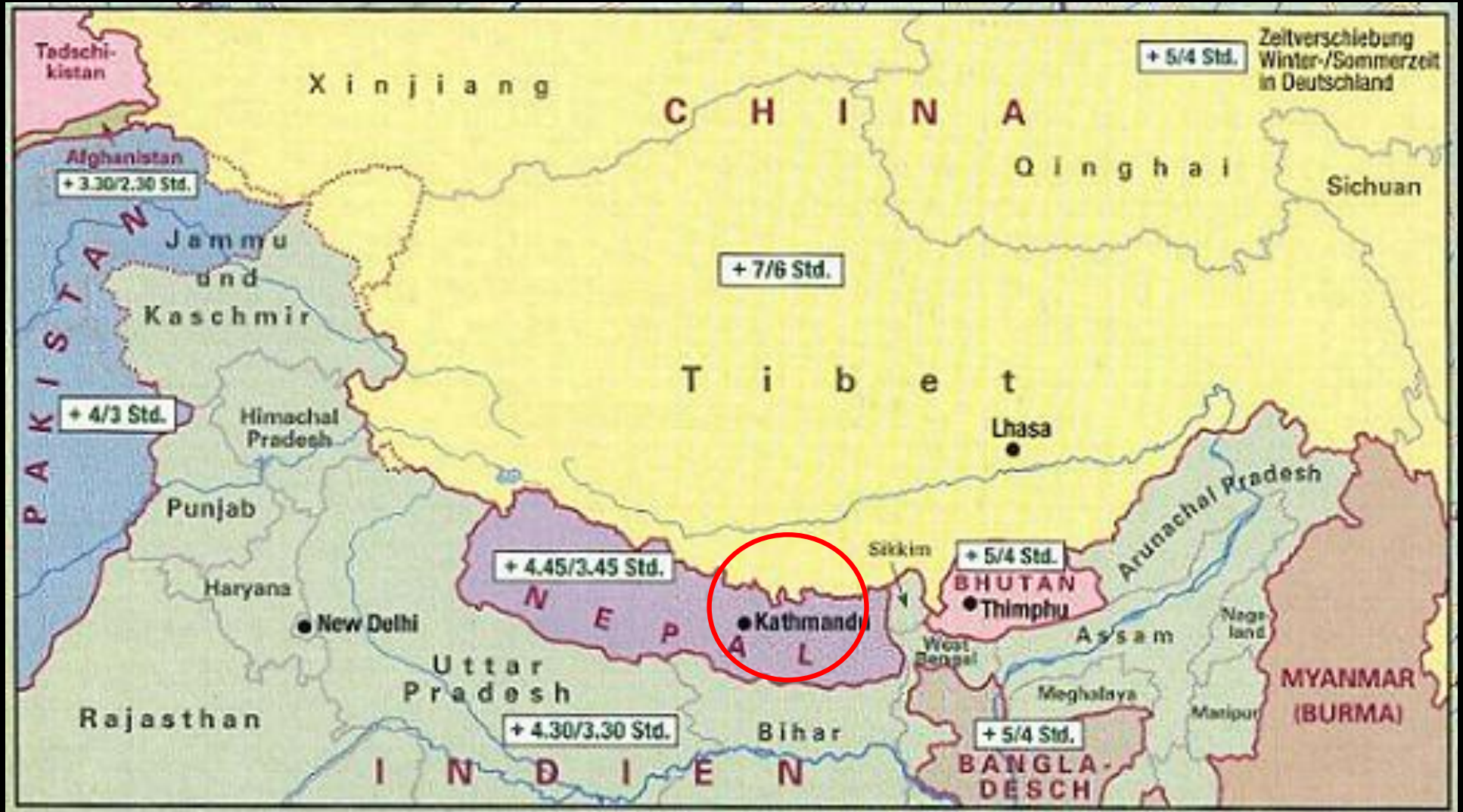
# Trekking/Bergsteigen im Himalaja



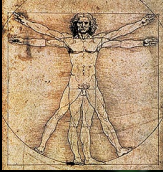


# Medizinische Forschung auf dem Dach der Welt









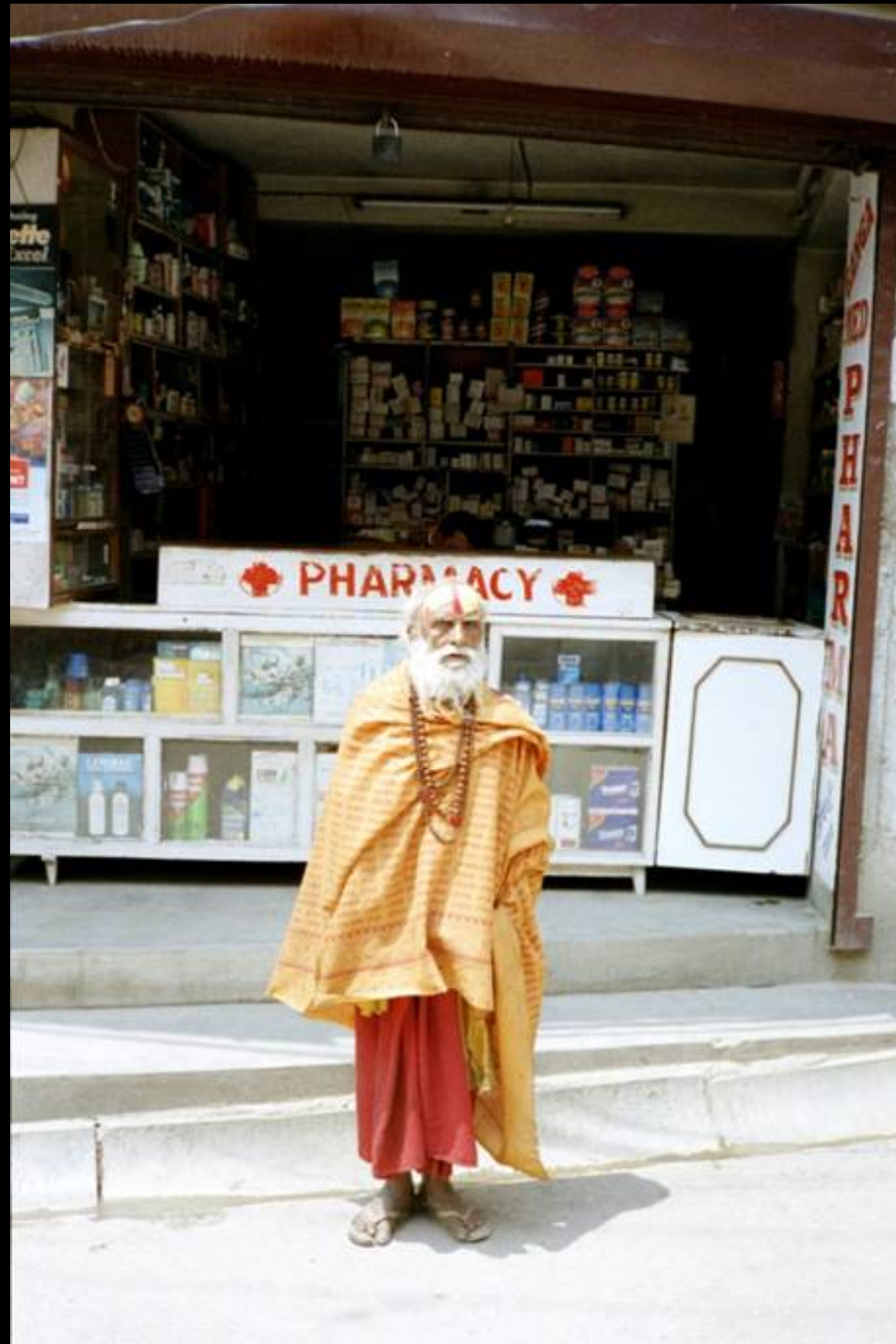
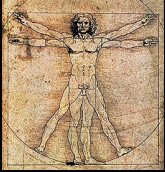
**HEARTLY WELCOME TO ALL THE MEMBERS OF**  
**“Project Silver Pyramid”**

 **Hotel**  
**Thamel & Family**  
*Kathmandu, Nepal*























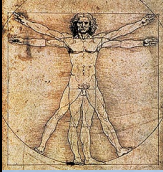




Important Notices for Visitors

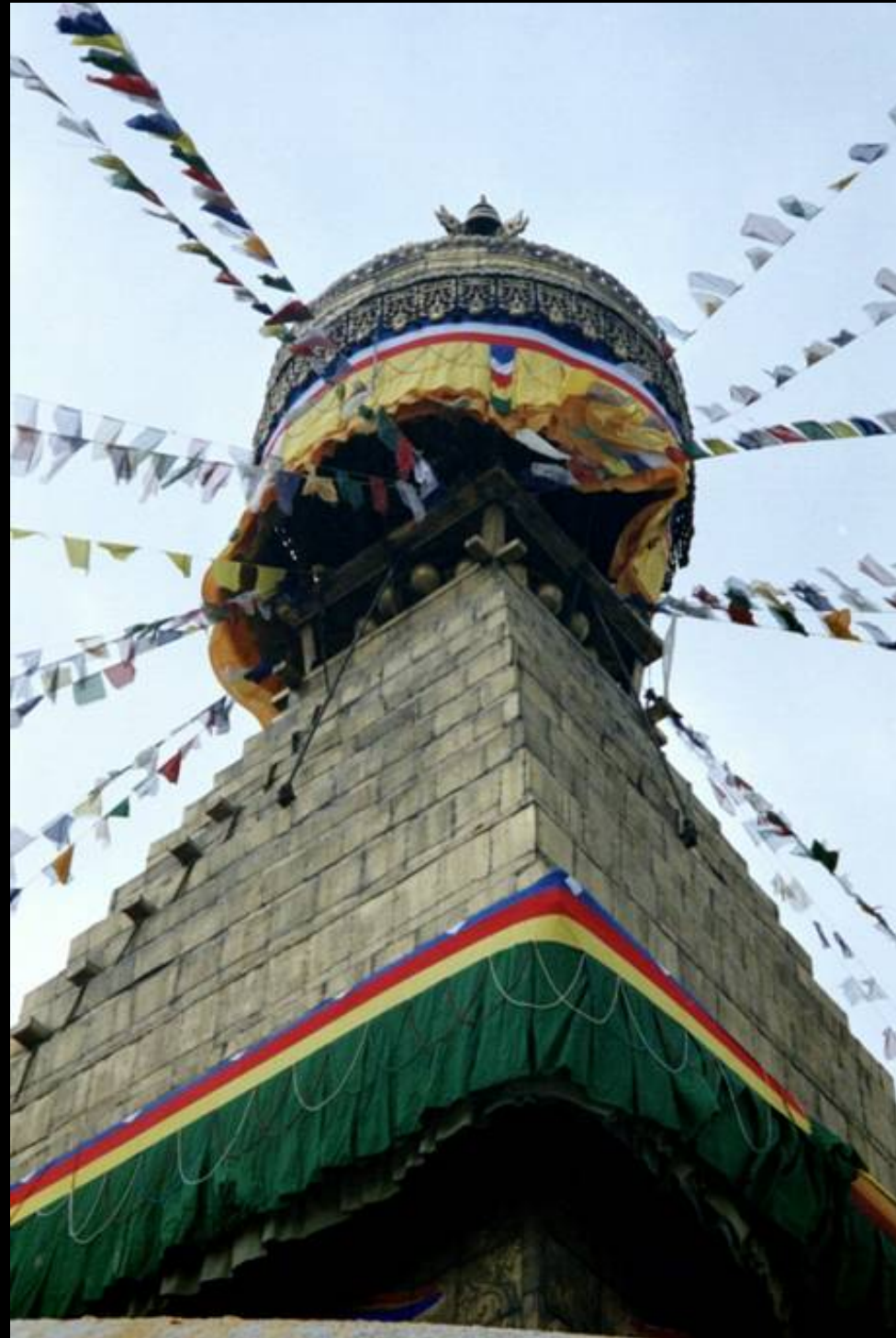
1. Always Be Courteous
2. No Smoking
3. No Alcohol
4. Do Not Lighter
5. No Photography
6. Do Not Touch
7. Respect the Sacred Place
8. Do Not Climb onto the Stupa
9. Remove Your Shoes
10. Be Respectful when Taking Pictures

Thank you for your cooperation.









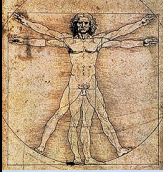




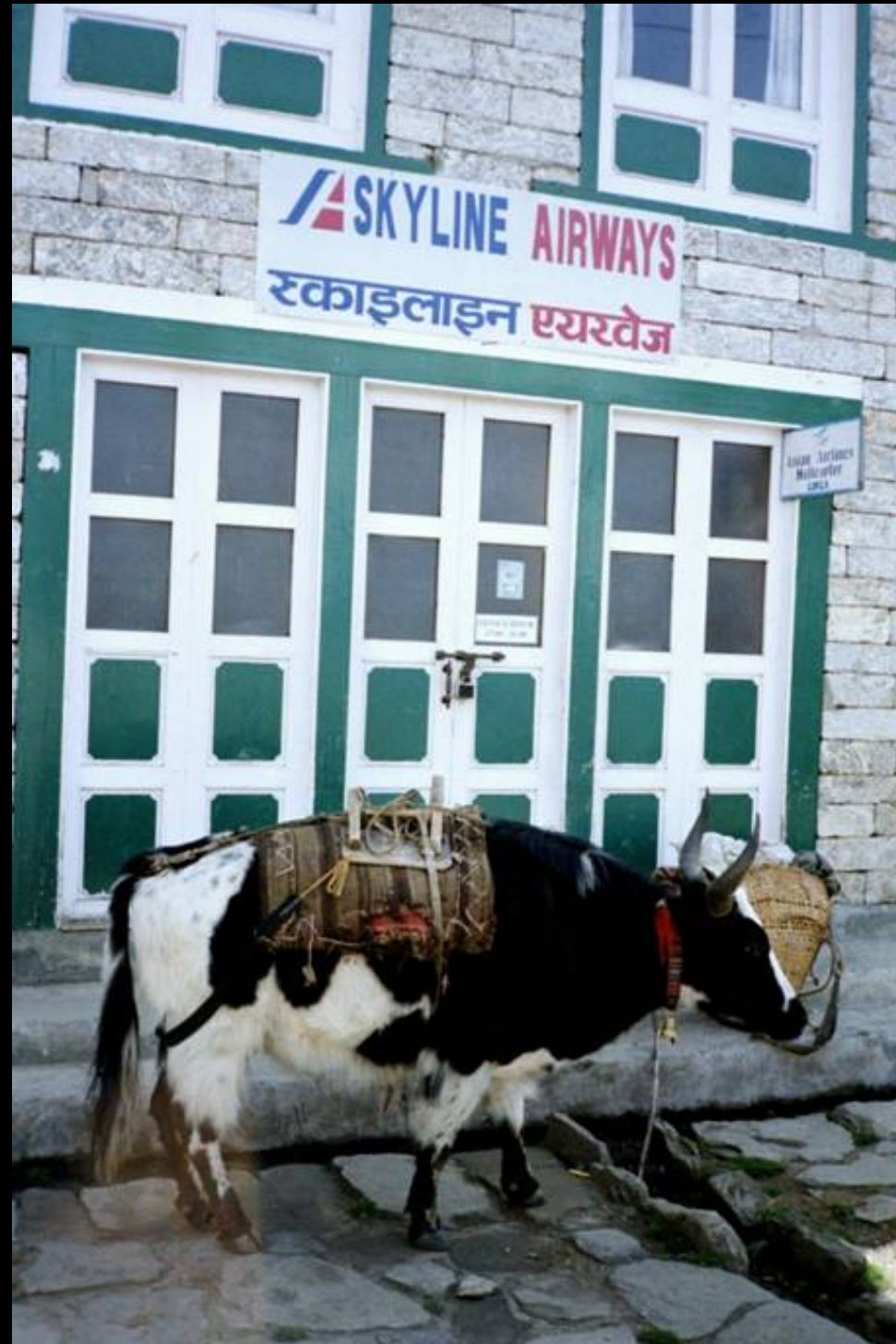












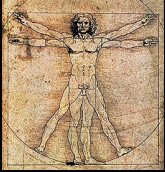


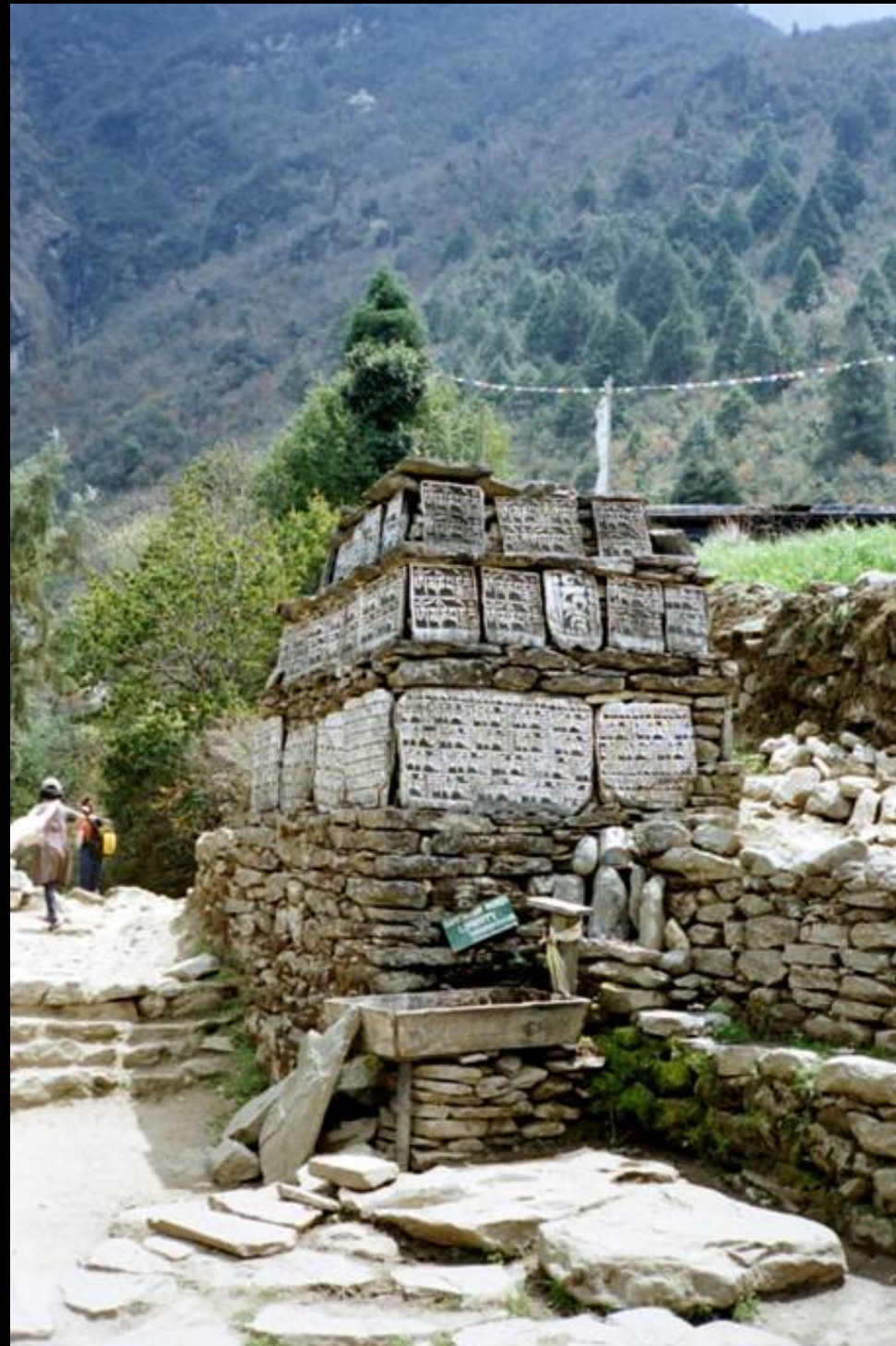




































## ACUTE MOUNTAIN SICKNESS

If you are not feeling well over 2500 meters, it may be Acute Mountain Sickness (AMS) until proven otherwise.

### EARLY SYMPTOMS

- \* Headache
- \* Loss of appetite
- \* Dizziness
- \* Fatigue on Minimal Exertion

### What to do ?

Don't go higher, rest, drink Fluids (Not Alcohol)

- \* Symptoms go away = go up
- \* Symptoms get worse = go down

### WORSENING SYMPTOMS

- \* Increasing tiredness
- \* Severe headache
- \* Walking like a drunk
- \* Vomitting

### What to do ?

Descend ! Descend !! Descend !!!

Do not let any one with AMS symptoms descend alone.



HIMALAYAN RESCUE ASSOCIATION NEPAL

P.O.Box: 4944, Ph.262746, Kathmandu

















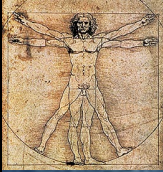












BEWARE OF /  
ALTITUDE KILLS  
GO SLOWLY  
AVOID ALTITUDE SICKNESS  
KUNDE HOSPITAL

जावद्यत /  
खिलो गय लेक ताप्य  
कसले ज्यान लिन्द  
बिस्तारि जाकुस!

X-RAY



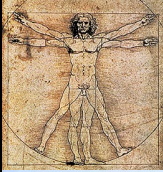




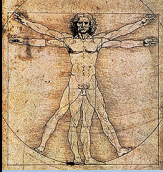


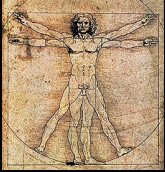


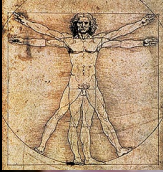




















## FEE SCHEDULE

The continued operation of this clinic depends on funds raised in the clinic. There is a fee for medical services provided.

MEDICAL CONSULTATION.....	US \$40
AFTER HOURS CONSULTATION.....	US \$80
TEA HOUSE CALL.....	US \$80
GAMOW BAG (per hour).....	US \$50
INPATIENT FEE (per day).....	US \$100
EYACUATION ARRANGEMENTS.....	US \$100
MEDICATIONS:	
ACETAZOLAMIDE (Diamox®) 250mg.....	} FULL COURSE OF ORAL MEDICATION \$100-\$200
CIPROFLOXACIN 500mg.....	
TINIDAZOLE 500mg.....	
PARACETAMOL/TYMPOL 500mg.....	
OXYGEN 4-6 liters/min.....	US \$50/hour
OXYGEN 2-4 liters/min.....	US \$25/hour

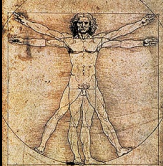






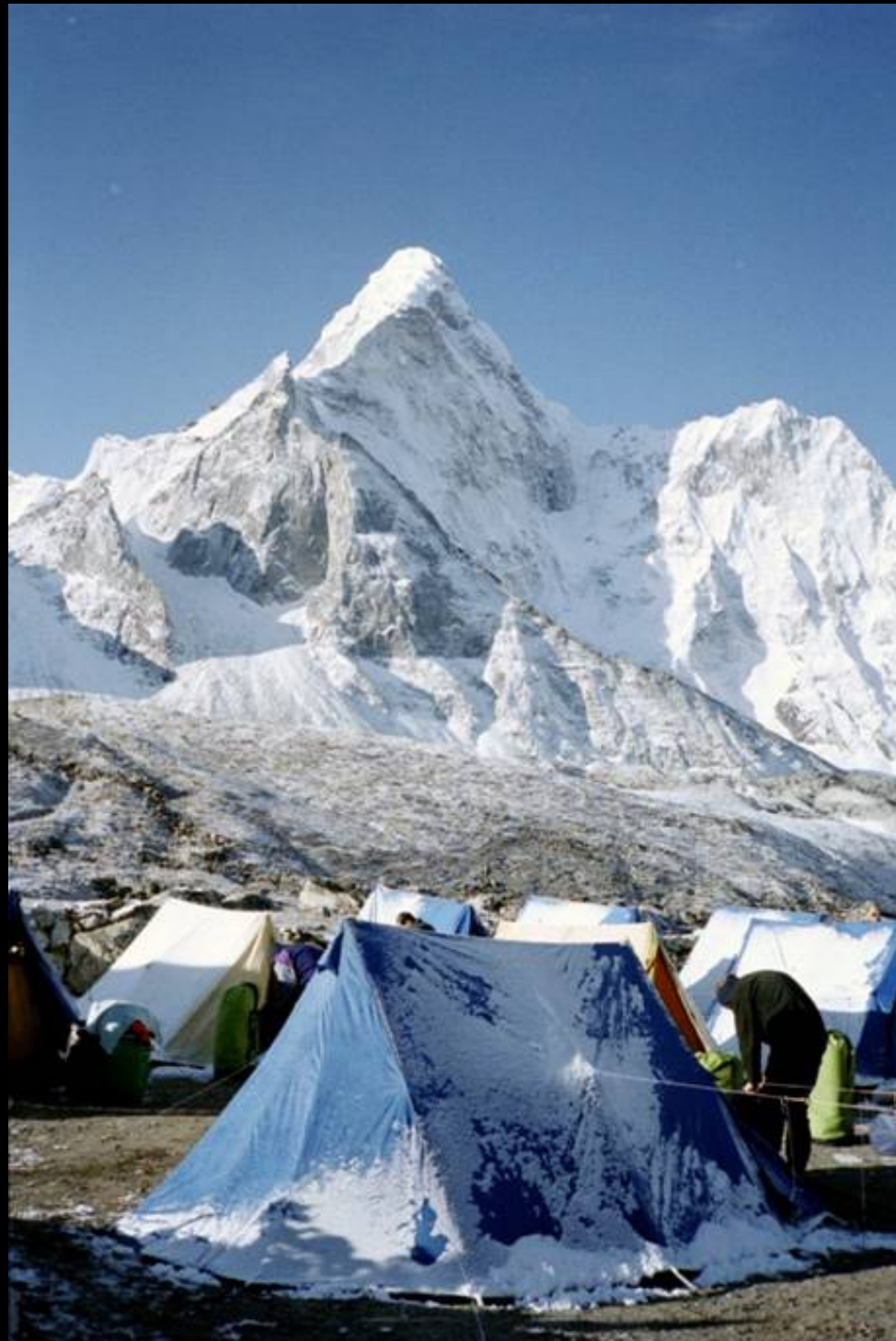








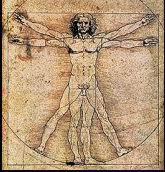


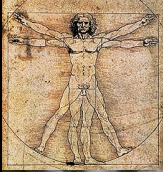






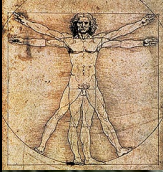




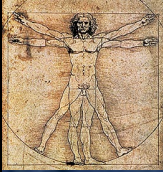


















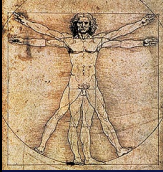








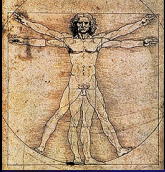




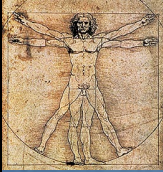






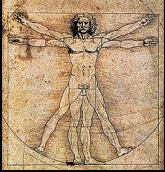


























Vielen Dank für Ihre  
Aufmerksamkeit!

